

Sash



★ ★ ★

*Children's
Menu*

★ ★ ★

Kids Size Me

A Nutrition and Health Foundation and Restaurants Association of Ireland Initiative

www.sashrestaurant.com

To Start

- Freshly Squeezed Orange Juice €4
Local Attyflin Fresh Pressed Apple Juice €4
Homemade Soup of the Day €6
Fresh Fruit Cocktail €6

Main Courses

- Kids Pasta €8
Plain or tomato & herb
- Kids Omelette €8
Ham & cheese, made with free range eggs
- Farmer Mike's Home Made Sausages €8
Mashed potato or French fries
- Fish Goujons From The Sea €8
French fries & mushy peas
- Local Farm Yard Chicken Breast €12
French fries or mashed potato & vegetables
- Roast Of The Day €12
Served on Sunday's only

Side Dishes €3.50

- Mashed Potatoes or French Fries
Market Veg or Garden Greens & Tomato Salad

Desserts & Sweet Treats

- Fresh Fruit & Organic Yoghurt €5
Gubeen Cheese, Fruit & Crackers €5
Artisan Vanilla Ice Cream €5
Chocolate Brownie & Ice Cream €5
Hot Chocolate with Marshmallows & Madeline €5

Kids Size Me



RESTAURANTS
ASSOCIATION
OF IRELAND



NUTRITION
& HEALTH
FOUNDATION